**To create Quran Subliminal –**

1. download the Audio Surahs of the Quran of any Qari you prefer – I have chosen Sheikh Saad-al-Ghamidi
2. Open all the audio files in one track in either “Adobe audition” or “Audacity”
3. Now go to ‘effects’, choose option for ‘amplitude’
4. Change the amp to roundabout -50 db to -70 db
5. Now save the file as an mp3
6. your Quran subliminal is ready.
7. Open it in any mp3 player / burn it on a disk and play it on a cd player
8. Put the settings on repeat and leave it on forever

**To check or validate the subliminal in the file already uploaded for your convenience.**

1. Download the mp3 file
2. Open the file in “adobe audition” or “audacity”
3. Now go to ‘effects’, choose option for ‘amplitude’
4. Change the amp to roundabout 50 db to 70 db (or until it is audible)
5. Play it to hear it through.
6. Now that you are satisfied that it is just the recitation of the Quran and nothing else.
7. Close the session without saving it.
8. Open it in any mp3 player / burn it on a disk and play it on a cd player
9. Put the settings on repeat and leave it on forever